Teladoc™ HEALTH

Setting up your
Teladoc Health account

You can set up your account and access
Teladoc Health services in two easy ways:

1. Use the Teladoc Health app.
2. Visit TeladocHealth.ca online.

Follow the steps below to get started!

1. Download the Teladoc Health app from the App Store for Apple devices, or Google Play for Android devices.

Our app has this icon.

2. Once you've got it downloaded, launch the app and you'll see a login screen. Scroll down and click on "Set Up Your Account." Then, fill in the requested information.

TIPS:
- Your first, middle and last names must match your Certificate of Insurance.
- Your date of birth must be written as MM/DD/YYYY.
- Your postal code must match the one on your file.
- Your spouse or dependents (children 18+) must register under their own account.
- A code is not required to register your account. Leave this blank and continue.

3. If you come to a screen that asks for more information and has an empty dropdown, the information you provided doesn't match what's in our system. Please go back and try again.

TIP: If you encounter problems, please call our 24/7 call centre at 1-877-419-2378.

4. When you come to a screen that shows your health insurance plan name, then you know the system has your records. Tap on your plan and complete the registration.

TIP: Fill out your medical history before you continue with the services available to you. Then you'll be able to access your services anytime with just a few clicks!

Start your journey to better health today!

Visit TeladocHealth.ca | Call 1-877-419-2378 | Download the Teladoc Health app:

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started on iPhone!

Download on the App Store

Scan or click to get
started on Android!

GET IT ON Google Play